



# Clearview

OUTPATIENT *Los Angeles*

Clearview Outpatient - Los Angeles specializes in treating adults 18 years and older who have mood disorders, personality disorders, psychotic disorders, depression, anxiety, trauma disorders, secondary substance use disorders, and co-occurring autism spectrum disorder (ASD).

## Levels of Care

### Partial Hospitalization Program (PHP):

Meets in person five days a week for six hours per day.

### Intensive Outpatient Program (IOP):

Available three to five days a week for three hours per day.

### Evening Intensive Outpatient Program (E-IOP)

E-IOP meets in person Tuesdays, Wednesdays, and Thursdays from 6:00-9:00 PM.

## What We Treat

- Anxiety disorders
- Attention-deficit/hyperactivity disorder (ADHD)
- Bipolar disorder
- Co-occurring Autism spectrum disorder (ASD)
- Depressive disorders
- Emotional dysregulation
- Mood disorders
- Personality disorders including borderline personality disorder (BPD)
- Post-traumatic stress disorder (PTSD)
- Self-harm
- Suicidal ideation

## Our Program

Our team of skilled clinicians utilizes evidence-based methods utilize a whole-person approach that includes the following:

Modalities:

- Cognitive behavioral therapy (CBT)
- Dialectical behavioral therapy (DBT)
- Expressive Therapy
- Experiential Therapy
- Process Oriented Groups

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

## Payment Options

We offer various payment options, including in-network, out-of-network, and private-pay rates. Call us at 310.634.0881 to discuss financial and insurance options.

Clearview Outpatient – Los Angeles provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 310.634.0881.

All calls are 100% confidential.



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Clearview Outpatient – Los Angeles is a proud part of the Odyssey Outpatient Network.