

Clearview Outpatient Ontario specializes in treating adults, 18 years and older, who struggle with various mental health conditions, including but not limited to anxiety disorders, depression, bipolar disorder, mood disorders, post-traumatic stress disorder (PTSD), and personality disorders.

## **Levels of Care**

Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

## What We Treat

- · Anxiety disorders
- Bipolar disorder
- Co-occurring autism spectrum disorder (ASD)
- Depressive disorders
- Emotional dysregulation
- Post-traumatic stress disorder (PTSD)
- Personality disorders, including borderline personality disorder (BPD)
- Self-harm
- Suicidal ideation

## **Our Program**

Our licensed clinicians with certifications in evidence-based methods utilize a whole-person approach that includes the following therapies:

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Expressive art therapy
- Music therapy
- Seeking safety

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations. Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

## **Payment Options**

We offer a variety of payment options including innetwork, out-of-network, and private-pay rates. Call us at 909.966.8559 to discuss financial and insurance options.

Clearview Outpatient – Ontario provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 909.966.8559.

All calls are 100% confidential.



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clearviewoutpatient.com/ontario

