



Clearview Outpatient - Long Beach specializes in treating adults, 18 years and older, who are experiencing severe symptoms related to mood disorders, substance use disorders, personality disorders and post-traumatic stress.

Levels of Care

Partial Hospitalization Program (PHP)

Meets in person five days a week for six hours per day.

Intensive Outpatient Program (IOP)

Meets three to five days a week for three hours a day.

Note: For clients throughout the state of California an evening V-IOP is offered.

What We Treat

- Anxiety disorders
- Bipolar disorder
- Co-occurring autism spectrum disorder (ASD)
- Depressive disorders
- Emotional dysregulation
- Mood disorders
- Substance use disorder (SUD)
- LGBTQ+ counseling and therapy
- Personality disorders including borderline personality disorder (BPD)
- Post-traumatic stress disorder (PTSD)
- Self-harm
- Suicidal ideation

Our Program

Our licensed clinicians with certifications in evidence-based methods utilize a whole-person approach that includes the following therapies:

- Conflict resolution group
- Cognitive behavioral therapy (CBT)
- Dialectical behavior therapy (DBT)
- Expressive art therapy
- Family therapy
- Grief and loss
- Healthy relationships group
- Meditation
- Psychodrama therapy
- Relapse prevention
- Self-esteem group
- Trauma processing

Board-certified psychiatrists oversee treatment, conduct psychiatric evaluations, and offer medical consultations (PHP only). Through privileged clinical partnerships, community providers continue to serve as an extension of each client's treatment team.

Payment Options

We offer a variety of payment options including in-network, out-of-network, and private-pay rates. Call us at 562.573.9685 to discuss financial and insurance options.

Clearview Outpatient – Long Beach provides intensive day treatment to foster recovery and empower individuals to transform their lives.

For more information on how we can help, call 562.573.9685

All calls are 100% confidential.



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Clearview Outpatient – Long Beach
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clearviewtreatment.com/longbeach



Clearview Outpatient – Long Beach is a proud part of the Odyssey Outpatient Network.